

NAME: Joana Metrass

## TRAINING

-E.S.T.C. (Portuguese National Conservatory) – 3 year Degree in acting  
(Polytechnic Higher Degree in Acting – equivalent to BA) Final grade 18 (1st class Honours)

Diana Castle 6 months, The Imagined Life L.A  
Sumer intensive 3 months HB Studio NY  
João Mota Master Class and Actors course 4 months Teatro Comuna  
Howard Sonenklar body expression, 2 years, CEM Lisboa  
Bruno Sciappa Lee Strarsberg method, 1 year Chapito Lisboa  
Lenard Petit Michael Chekhov Technique 10 days, Metodi Festival Italy  
Margie Harber 1 Week Act Lisboa  
Robert Goodman NY Film Academy 1 week, Metodi Festival Italy  
William Esper Meisner Studio, 1 week Metodi Festival Italy  
Susan Grace Cohen, Lee Strarsberg 1 week Metodi Festival Italy  
Ian Marshal Stage Fight 2 weeks Ny

## CINEMA

Deadly Games, Ojan Missaghi (Toric Films), 2022  
A Fada do Lar, João Maia (MGN), 2021 Out of Hand Brian Skiba (Toric Films)  
2021  
Masquerade Shane Dax Taylor 2019 The Wishflower Tom Albanese Mad Hat  
Entertainment, 2019  
We die Young Lior Geller (Lionsgate) 2018  
A Purgatory Story om Albanese Mad Hat Entertainment, 2017  
The man from U.N.C.L.E. Guy Ritchie (Warner Brothers) 2015 Dracula  
Untold Gary Shore (Universal Pictures) 2014  
The Spoiler Katharine Collins (BFA) 2014 Love Song André Tentugal 2012  
V project Bernardo Almeida 2012  
E o tempo passa Alberto Seixas Santos, 2011  
Corações partidos Rui Santos – Rosa Filmes 2010  
Tudo em Família Henrique Pina 2011  
Hungry Love Miguel Leao 2011  
Uma quadra de versos Miguel Leao 2010  
Tela Bernardo Ferreira 2010  
Margem Neutra Marco Amaral 2010  
Two steps away Luis Silva 2009  
Perdoa-me Luis Silva 2009  
La vingadora Luis Silva 2009  
De alto coração Miguel Leao 2008  
Last day of Candice Moriarty Clara Oliveira 2008

## TV

Once Upon a Time, Abc TV Series, Recurring Guest Star  
Crónica Tv movie, RTP, Lead  
A princesa TV Movie, TVI, Lead  
Intriga Fatal TV Movie, TVI, Supporting  
Sinais de Vida TV Series, RTP Series Regular  
Fora da Box TV Series, Series Regular  
Rosa Fogo, Tv Series, SIC, Guest Star  
Maternidade, TV Series RTP, Guest Star

 AGENT

 HEIGHT  
EYES  
HAIR

 LANGUAGES

 SKILLS



**PASSA  
PORTE**  
LISBOA

## THEATRE

Hanjo- Mishima, Paulo Lage, Teatro da Comuna  
A. Kleist Aristofanes Maria Duarte, Teatro da Garagem  
Fúria Bruno Schiappa, Chapito

## AWARDS



**PASSA  
PORTE**  
LISBOA