

MARIANA LENCASTRE

1992

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Place of residence: London, United Kingdom

Height: 1,64m

Hair: Dark blonde

Eyes: Blue

Nationality: Portuguese

Vocal range: Mezzo Soprano C3 – Bb5 (Belt/mix up to F#5)



THEATRE

- 2023** Spider Web/ Ensemble, MIDSUMMER'S NIGHT DREAM | directed by Diogo Infante | Teatro da Trindade
- 2022** Third Witch, MACBETH | No director | Teatro Soco
- 2022** Mia, CHI RHO | directed by Afonso Molinar | Teatro à faca, Boutique da Cultura
- 2019 /21** June/ Ensemble, CHICAGO | directed by Diogo Infante | Teatro da Trindade
- 2017** Nikki Wade, BAD GIRLS | directed by Susan Raasay | The Pleasance Theatre
- 2017** Rosie, MAMMA MIA!, | directed by Norma Atallah | ArtsDepot
- 2017** Mrs Adams, BE MY BABY | directed by Norma Atallah | ArtsDepot
- 2016** Betty, THE GREAT AMERICAN TRAILER PARK | choreography: Becky Howell |New Wimbledon T.
- 2015** Rosie, DI VIV AND ROSE | directed by Gary Tushaw | ArtsDepot
- 2015** Ensemble, THOROUGHLY MODERN MILLIE | choreography: Anthony Whiteman | N. Wimbledon T.

TRAINING

- 2022 - 23** Acting weekly course with Cristina Segovía, Centro del Actor (Madrid)
- 2022** *Sense Memory* with Lorena García de Las Bayonas, Centro del Actor (Madrid)
- 2021** *Acting for Camera* with Jeffrey Dreisbach (McCorkle Casting), The Growing Studio (online)
- 2020** *The Lucid Body intensive workshop* with Thiago Félix, ACT (Lisbon)
- 2020** *The Acting Habit: 21-Day-Selftape* with Manuel Puro (online)
- 2018** Acting for Camera - 'Acting Up, The Union Theatre' with Vicky Alcock (London)
- 2014 - 17** BA (Hnrs) in Theatre Dance/ Musical Theatre at London Studio Centre (London)

SKILLS:

Singing: Mezzo soprano, Strong belt.

Dance: Jazz*, Ballet, Contemporary, Tap, Lyrical Jazz.

Sports: Tennis, Ski, Indoor Cycling, Box, Barre. Languages:

Portuguese*, Spanish (fluent), English (fluent), French (basic).

Other: Carta de condução de ligeiros, guitarra clássica.