

CRISTINA PARRACHO

ACTING RANGE: 16-25
30/01/1999



TRAINING

2020-23 EAST 15 ACTING SCHOOL, BA (Hons) Acting (International)
2018-19 EAST 15 ACTING SCHOOL, Certificate of Higher Education in Theatre Arts
2017-18 ANGLIA RUSKIN UNIVERSITY, Certificate of Higher Education in Performing Arts

2025 MOTION CAPTURE COURSE Tom Linden-McCarron
2024 PEM ACTING INTENSIVE I AND II Sarah Victoria
2024 'WORKSHOP NEW PLAYS' WITH ARCOLA THEATRE Mehmet Ergen
2024 ACTING RETREAT Lidless Theatre
2024 COMMUNAL TEACHING London Performance Studios
2023 ACTOR DEVELOPMENT COURSE Max Harrison
2023 MEISNER INTENSIVE Lawrence
2023 SCREEN ACTING MASTERCLASS Dominic Leclerc
2023 SCREEN ACTING WORKSHOP Sarah Esdaile

ONGOING DIOGO PINTO VOCAL STUDIOS Singing Training, since 2019

ANNARELLA SANCHEZ CONSERVATORY Dance Training in numerous dance styles, 2005-2018

CINEMA

SHORT FILM

2025 IT'S NOTHING, (Post-Production), Maria
2024 SAFE STORIES Absolutauge, Media Capital, Friend
2023 NOT FOR SALE rubberband, SMUGGLER, Chef

THEATRE

2025 THE SUMMER AFTER DAD DIED (Anna) , Sarah Majland, Hens and Chickens Theatre
2025 DELUGE (Fatima), Felix Kai, Arches Lane Theatre (Reharsed Reading)
2024 GIFTED & TALENTED (Dilys), Jenny Wall, Theatre 503
2024 THE FLOW, Felix Kai and Adrian Greensmith, London Performance Studios (R&D)
2023 A WOMAN CALLED GIRL (Girl), Sarah Majland, Quid Pro Quo Theatre
2023 OIL (Amy), Andrea Ling, Hoxton Hall
2023 ORESTEIA (Talthybius), Max Harrison, Corbett Theatre
2022 KING LEAR (Goneril), Alasdair Hunter, Corbett Theatre
2022 HOW MAY I HELP YOU (Rosemary), Boyan Petrov, Corbett Theatre
2022 GREYZONE (Ensemble), Marianna Varvianni, East 15



SPOTLIGHT LINK

<https://spotlight.com/0851-7831-7127>



AGENT

Dan King
North Artists Management
+447405 218195

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HEIGHT 167cm

EYES Dark Brown

HAIR Curly Brown



LANGUAGES

Portuguese (native),
English (proficient),
Spanish, French



SKILLS

Motorcycle and car driving license, motion capture, musical theatre, clowning, physical theatre singing (alto), directing, dance (ballet, ballroom, period, contemporary, jazz), manual art



- 2021 THE SEAGULL (Arkadina), John Gillett, East 15
2021 YERMA (Yerma), Mercè Ribot, East 15
2021 BLUE STOCKINGS (Tess), Ami Jones, East 15
2019 ROMEO AND JULIET (Juliet, Charlotte Thompson-Lillie, East 15
2019 TABLE (Sarah Best), Susan Tordoff, East 15
2018 THE SCOLDS BRIDLE (Millicent Fawcett), Alejandro Postigo, ARU

AUDIOBOOKS

- 2023 UPON AFROSTED STAR (Lead) Harper Collins, Detta
2023 HERC (Daughter) Rebecca Fortuin, Harper Collins

